

Zogenaamde therapieresistente patiënten: Een nieuw perspectief

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Overview

- Wat is therapieresistentie?
- Een nieuw perspectief
- Rollenspel

Luyten, P., & Fonagy, P. (in press). Mentalizing and trauma. In A. Bateman & P. Fonagy (Eds.), *Handbook of mentalizing in mental health practice* (2nd ed.). Washington, DC: American Psychiatric Publishing.

Fonagy, P., Luyten, P., Allison, E., & Campbell, C. (2017). What we have changed our minds about: Part 1. Borderline personality disorder as a limitation of resilience. *Borderline Personality Disorder and Emotion Dysregulation*, 4, 11. doi: 10.1186/s40479-017-0061-9

I hope it's a tv!



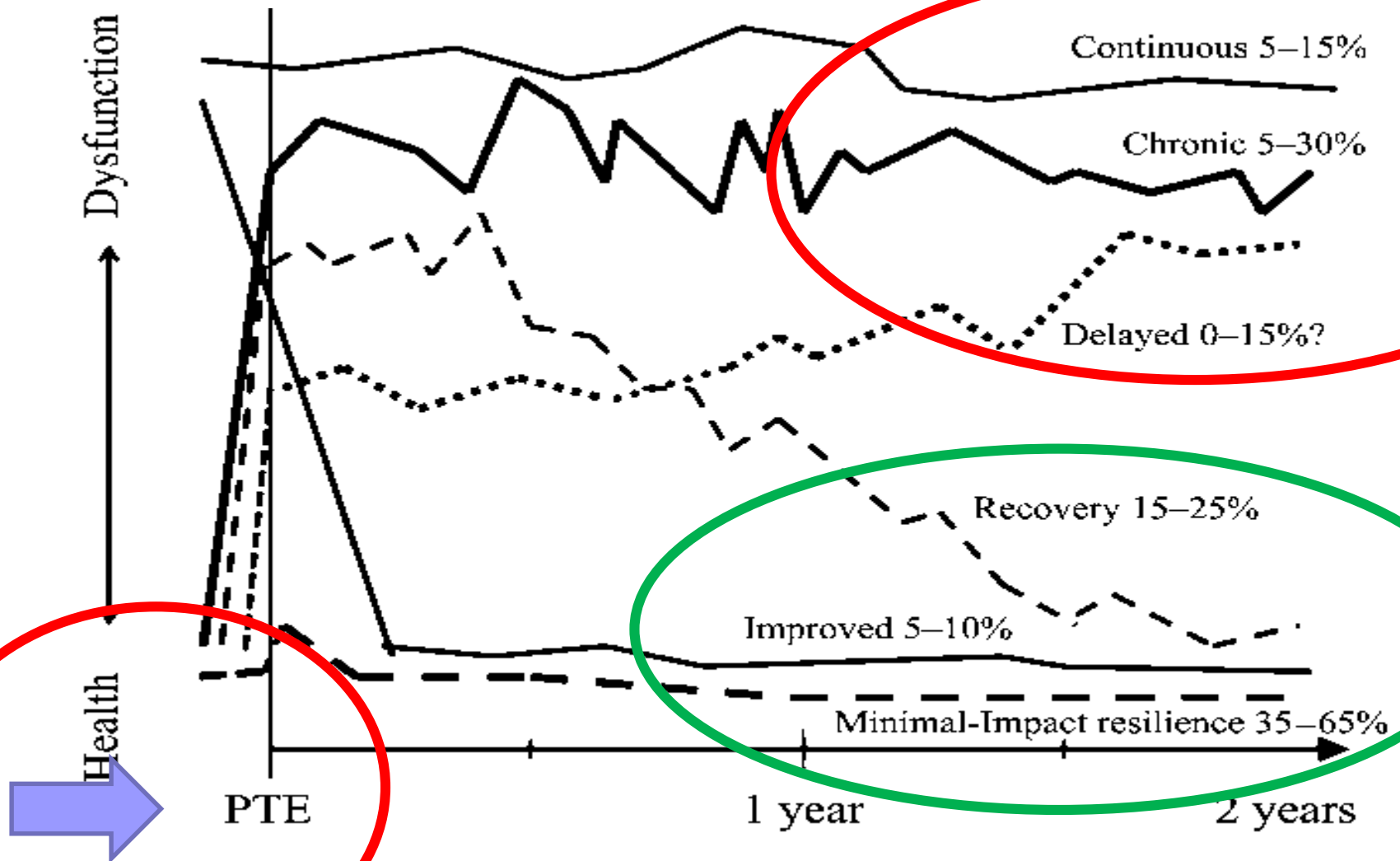
Wat is therapieresistentie?

- Null and negative outcomes
- Traditionele benaderingen: het zijn **patiëntfactoren**:
 - Negatief therapeutische reactie: masochisme, envy
 - Herhaling objectrelaties, schema's



Typical longer-term response to potentially traumatic event (PTE)

- **Normative response: minimal impact resilience!**
- **Importance to distinguish between different types of trauma**



Bonanno, G. A., & Diminich, E. D. (2013). Annual Research Review: Positive adjustment to adversity—trajectories of minimal-impact resilience and emergent resilience. *Journal of Child Psychology and Psychiatry*, 54(4), 378-401. doi: 10.1111/jcpp.12021

Nieuw perspectief: combi van patiënt en hulpverlenerperspectief

- **Gehechtheid**
- **Mentaliseren/sociale cognitie**
- **Epistemisch vertrouwen en salutogenese: 'hard-to-reach' karakter van vele patiënten**

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Gehechtheid



How Attachment Works Emotionally

Down Regulation of Emotions



The interpersonal regulation of stress and arousal



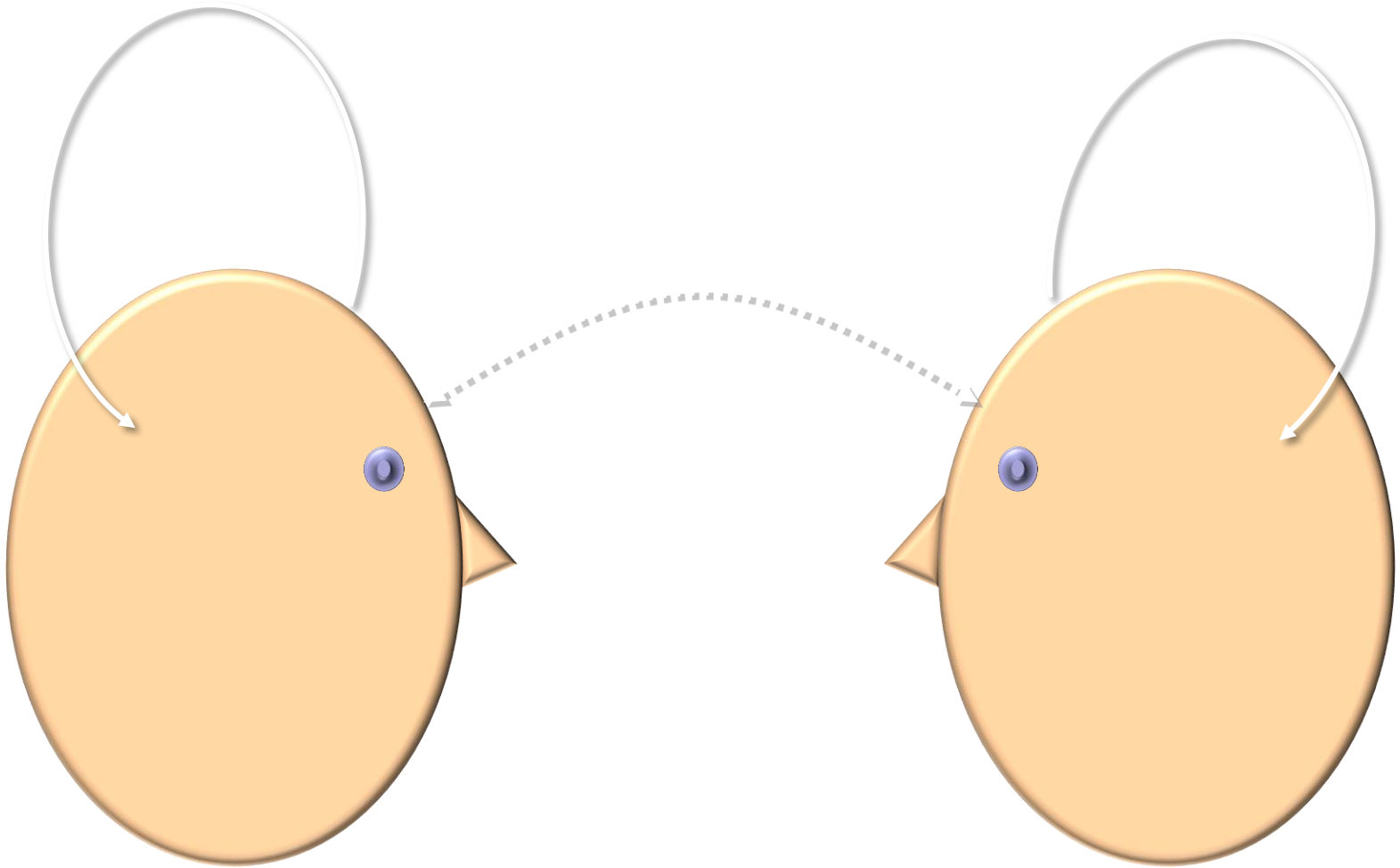
Risk of re-victimization and intergenerational transmission

- Associated with **unhealthy behaviors** (smoking, eating disorders, risky sexual behaviors)
- Associated with **self-harm/suicide**
- Associated with **re-victimization and intergenerational transmission** of trauma

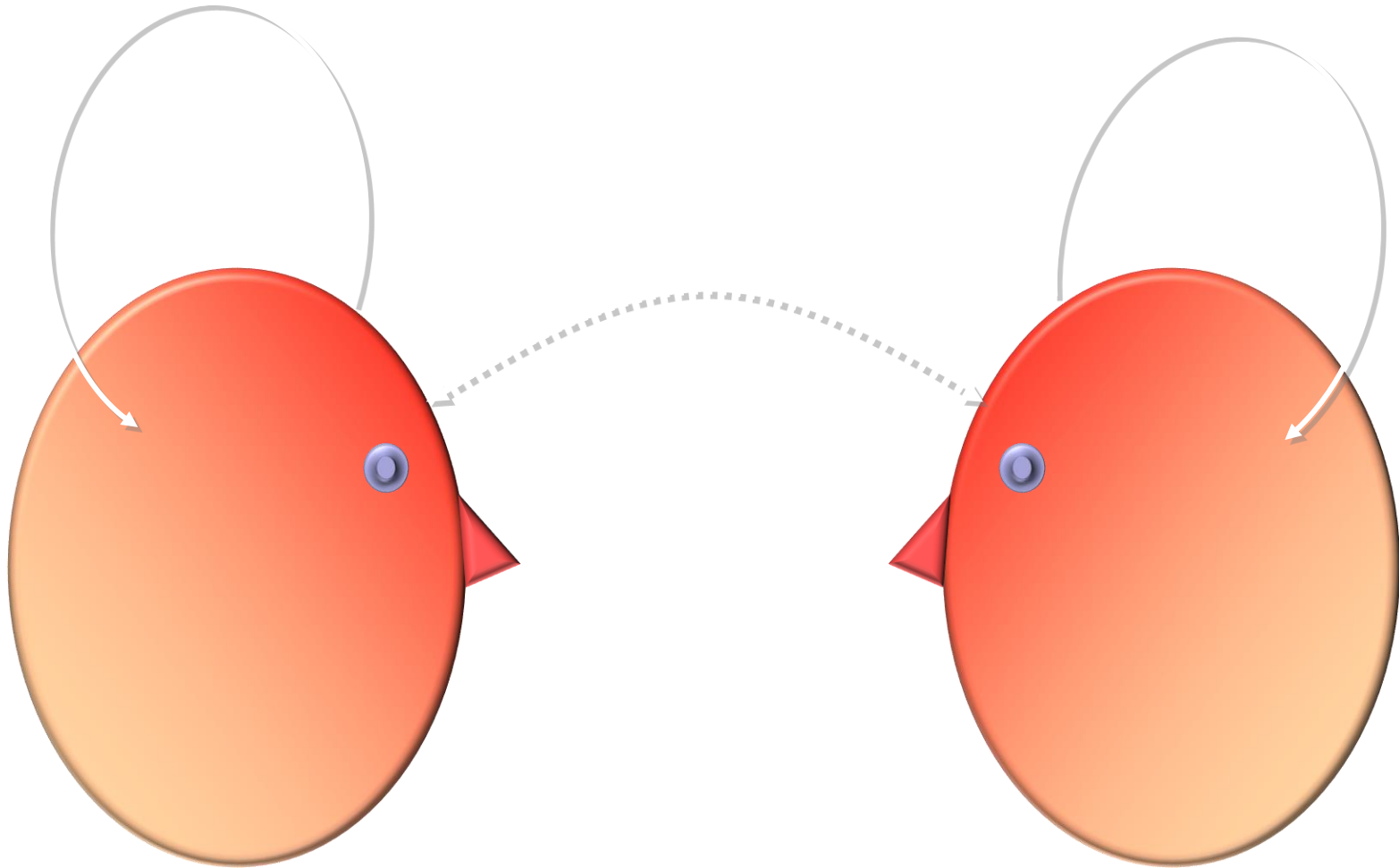


Mentaliseren

Holding mind in mind



Holding mind in mind in emotional states



Psychological equivalence

Certainty about what you/others feel or think



Teleology – Quick Fix thinking



Pretend Mode: “hypermentalizing”

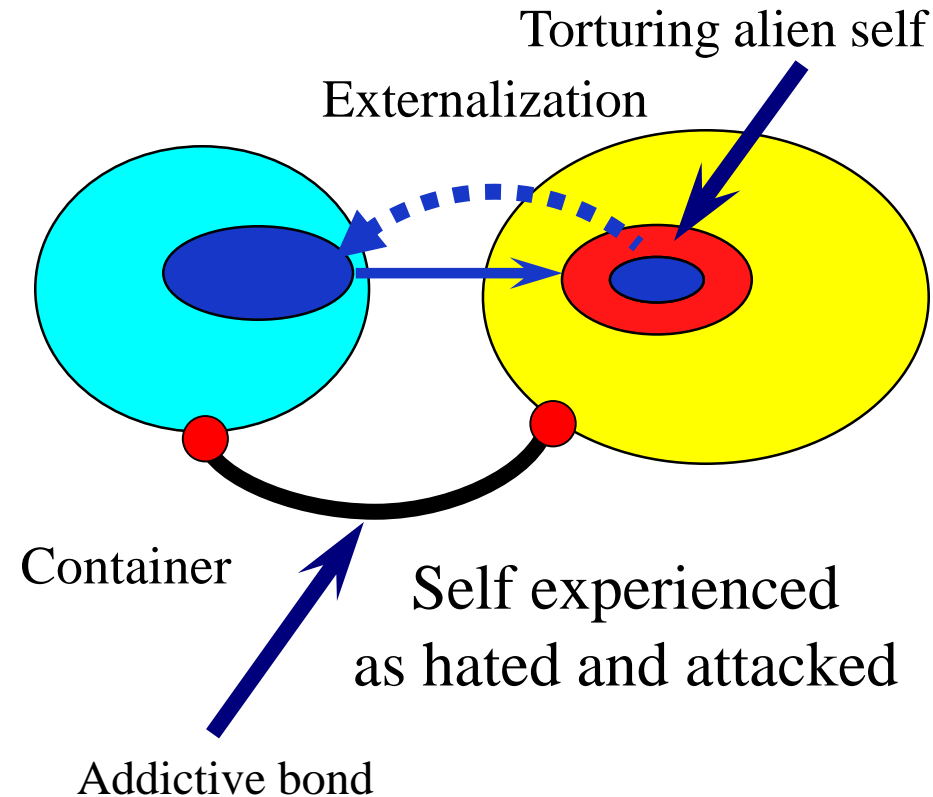
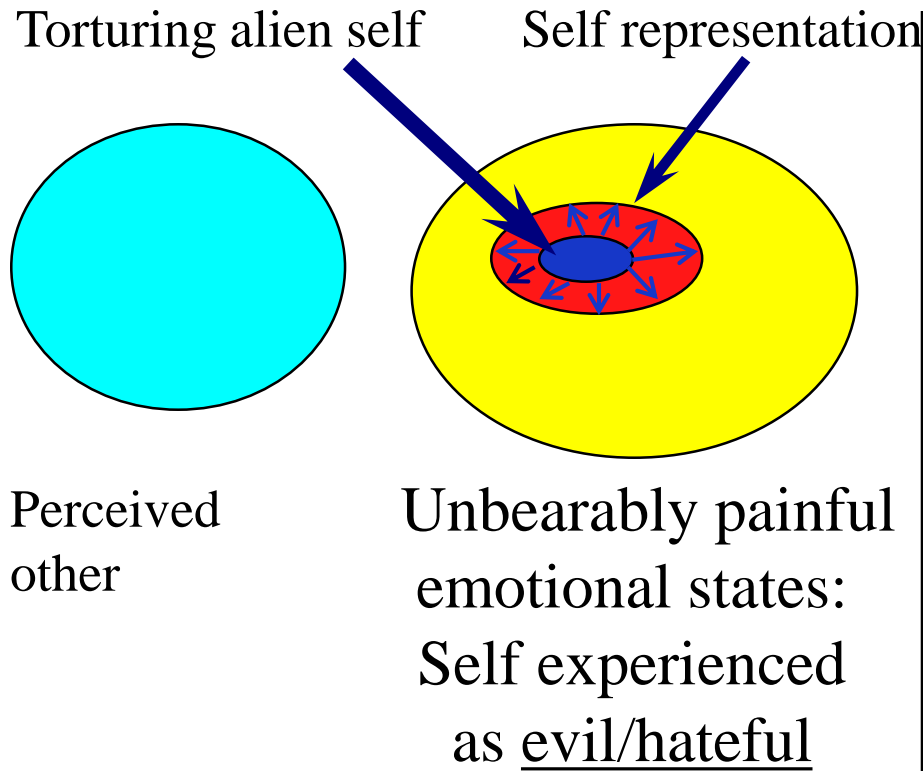
Blah blah blah
blah blah blah
blah blah blah
blah....

Blah blah blah...

Gnnnnarrgh!
Gnnaaaaargh
!
Naaarrrrrrgh!



Self-destructiveness and Self-destructive relationships

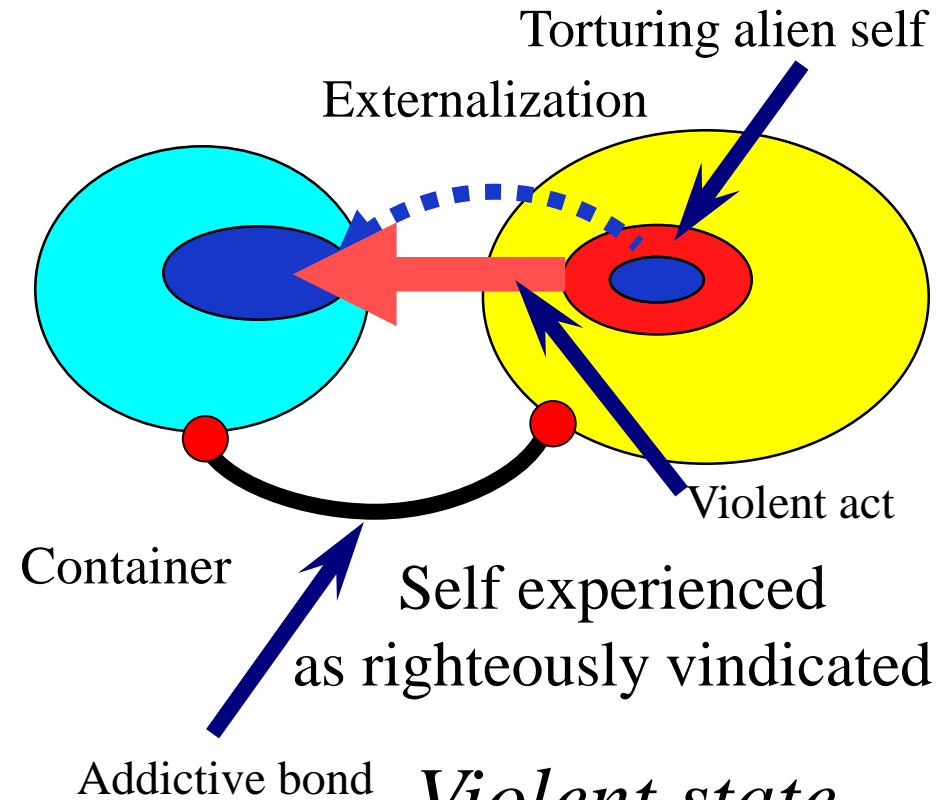
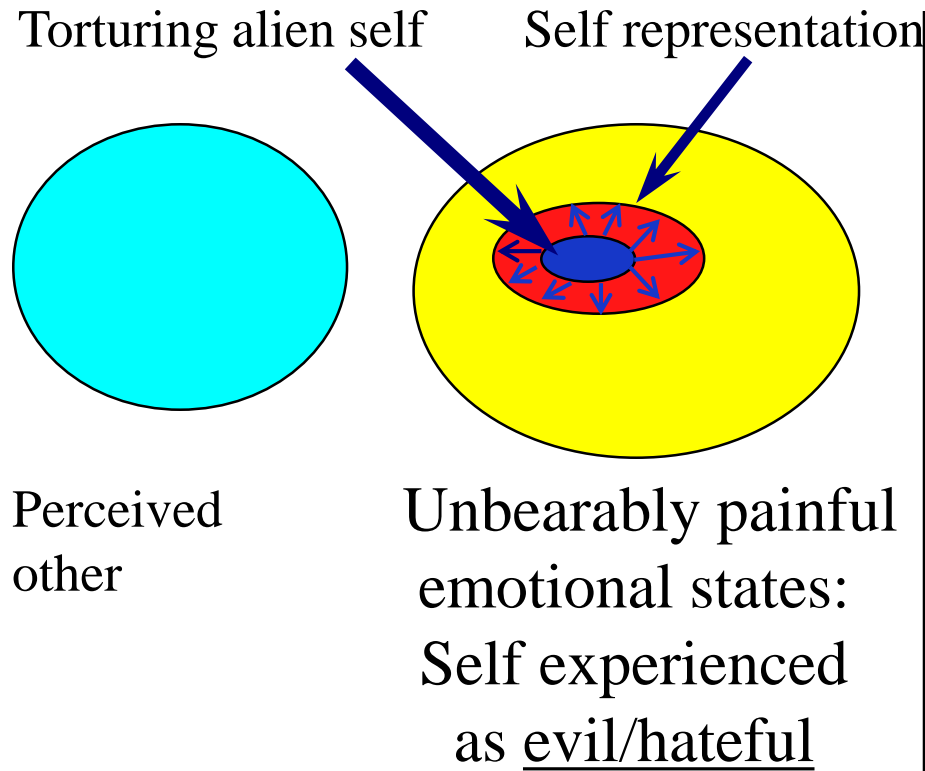


Self-harm state

Victimized state

Projective identification is used to reduce the experience of unbearably painful emotional state of attack from within – externalisation becomes a matter of life and death and addictive bond and terror of loss of (abusing) object develops

Externalisation & Violence Following Trauma

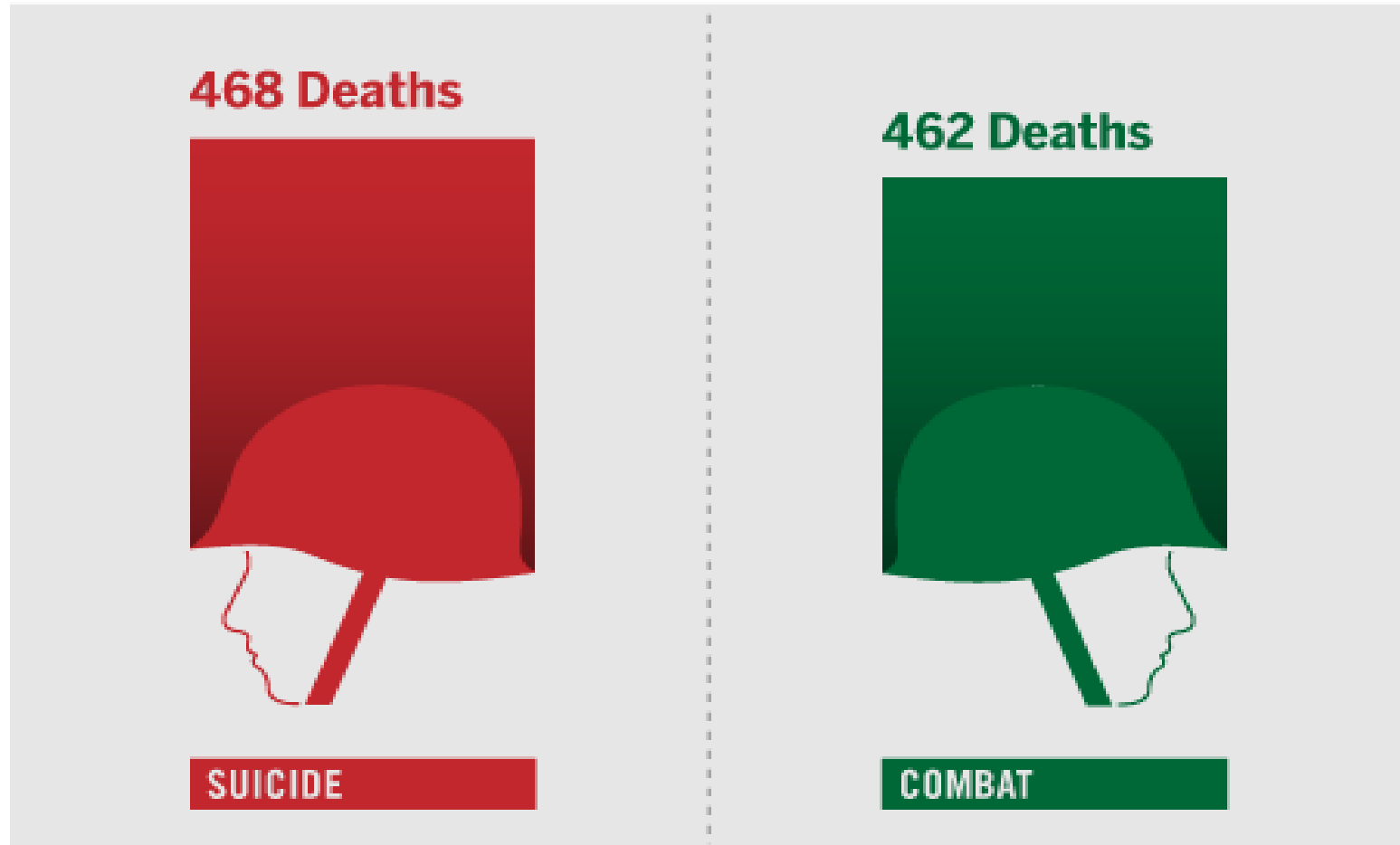


Self-harm state

Violent state

Projective identification is used to reduce the experience of unbearably painful emotional state of attack from within – externalisation becomes a matter of life and death, the violent act protects against experience of intrusion and addictive bond and terror of loss of abused object can develop

Number of deaths US troops in 2010





Epistemisch vertrouwen

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Building a social network begins early



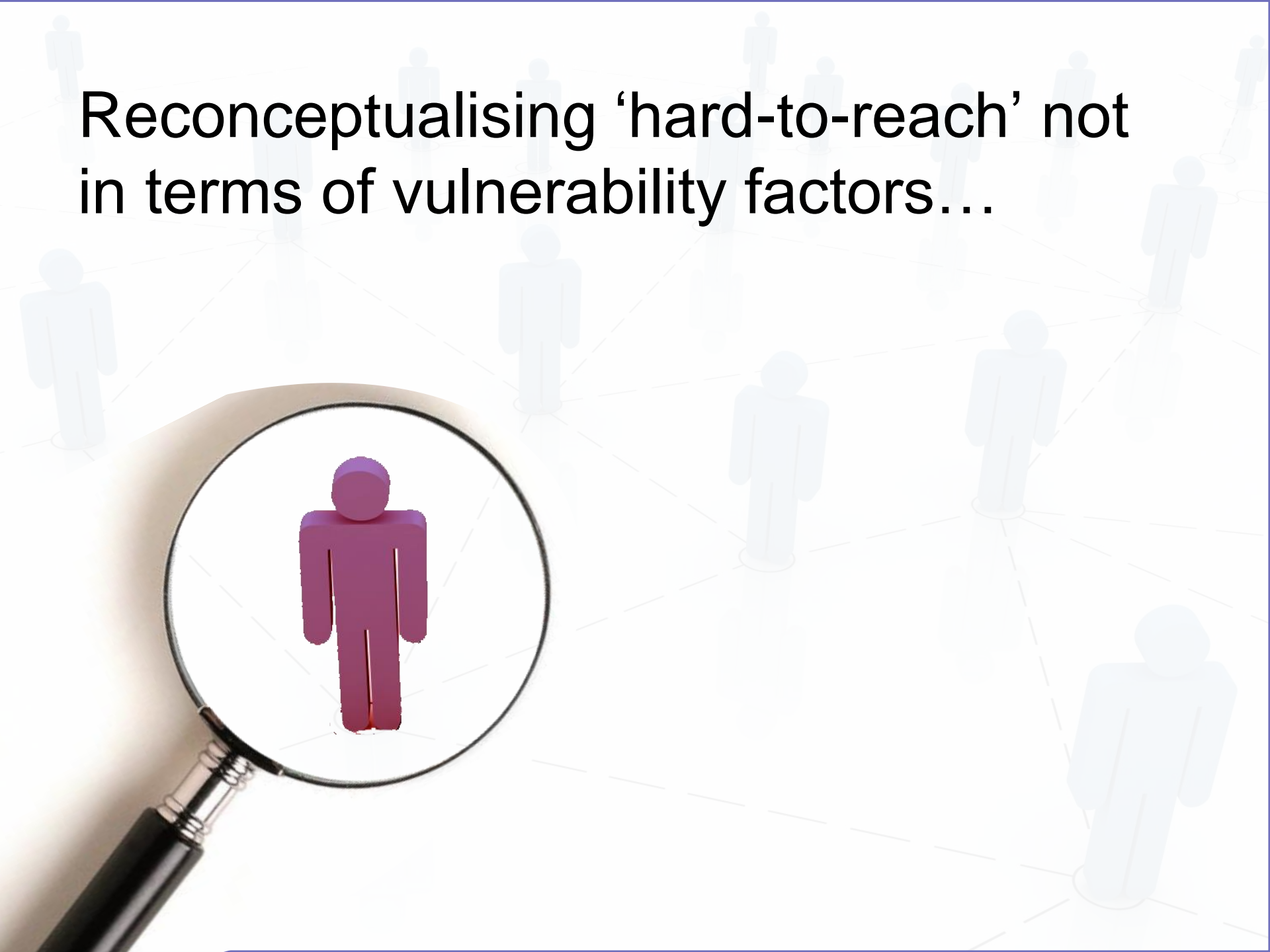
When the capacity to form bonds of trust is shaky and tends to break down...



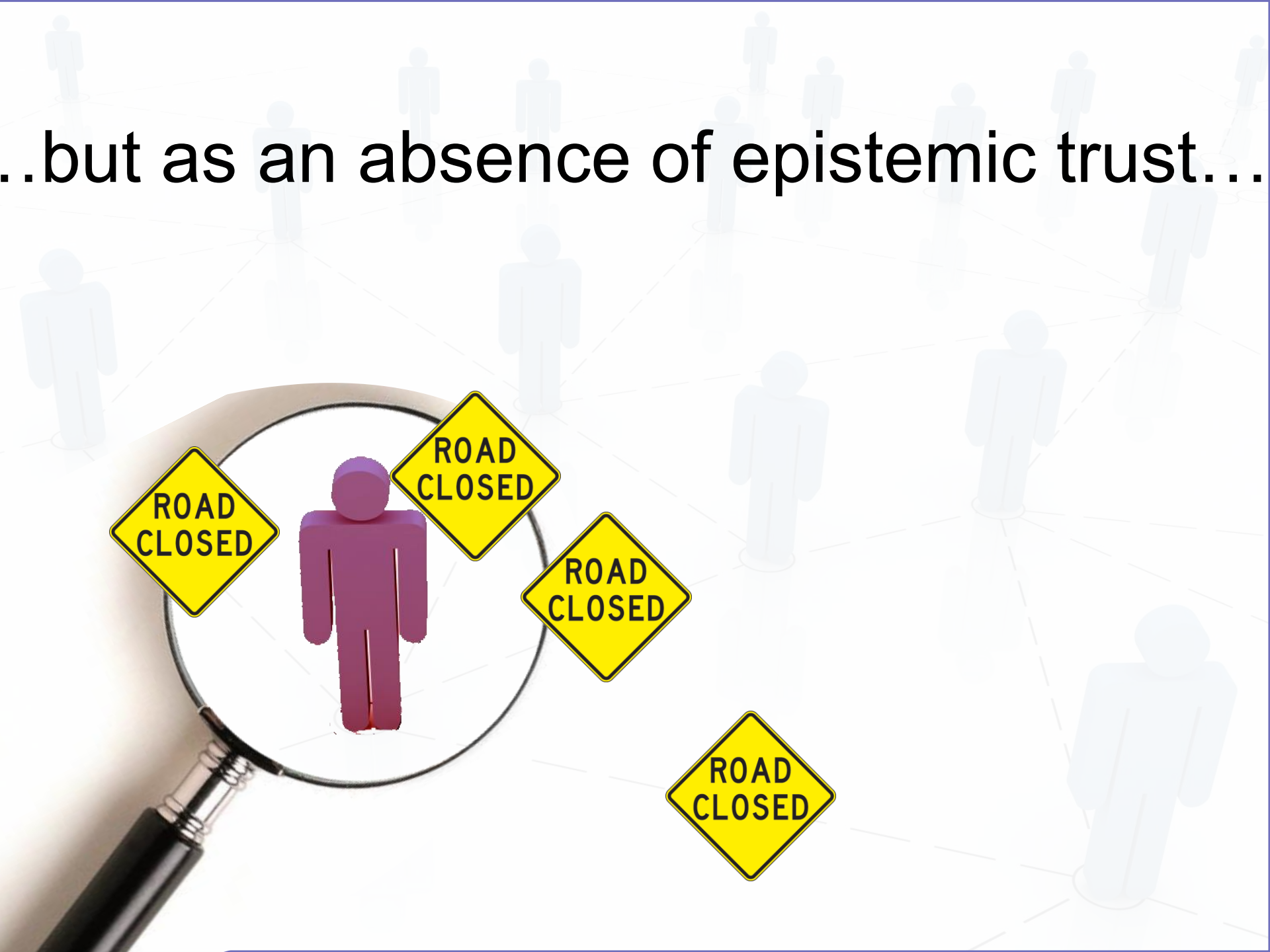
...we lose our safety net



Reconceptualising 'hard-to-reach' not
in terms of vulnerability factors...



...but as an absence of epistemic trust...



...which may once have been adaptive



Treatment frame



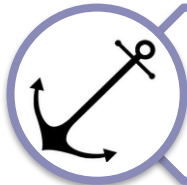
Develop a trusting relationship & formulate aims collaboratively



Psychoeducation



Validation and normalizing of feelings



Manage anxiety and dissociation



Micro-slice (traumatic) experiences and their impact, focus on relationships

Thanks!

